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## Inspiration

A theme of centering the heart. Imagery of labyrinth. Use of finger labyrinths.

"You have made us for yourself, O Lord, and our hearts are restless until they rest in You."

Saint Augustine in *Confessions*

### PRAYER & DEVOTION

## 477 Come and Find the Quiet Center

1 Come and find the quiet center in the crowded life we lead,  
2 Silence is a friend who claims us, cools the heat and slows the pace,  
3 In the Spirit let us travel, open to each other's pain,

find the room for hope to enter, find the frame where we are freed:  
God it is who speaks and names us, knows our being, touches base,  
let our loves and fears unravel, celebrate the space we gain:

clear the chaos and the clutter, clear our eyes, that we can see  
making space with in our thinking, lifting shades to show the sun,  
there's a place for deepest dreaming, there's a time for heart to care,

all the things that really matter, be at peace, and simply be.  
raising courage when we're shrinking, finding scope for faith begun.  
in the Spirit's lively scheming there is always room to spare!

WORDS: Shirley Erena Murray (1931- )  
MUSIC: Attr. B. F. White (1800-1879), *The Sacred Harp*, 1844; arr. Ronald A. Nelson (1927- )  
Words © 1992 Hope Publishing Company  
Music: Arr. © 1978 Lutheran Book of Worship (Admin. Augsburg Forteo)

BEACH SPRING  
8.7.8.7.D.



## Breath Prayer

Inhale: Help me see You

Exhale: In and around me.

## Centered Description

Barrett Owen, FBC Wilmington, NC

God wants us to live our lives from the center . . . to be centered. Think about a circle. All circles have centers and circumferences. The center is the deepest place from within the circle and the same distance to everything else. The circumference is the shallower and showier edge.

Our lives are like circles, and God desires for us to live out of our center. This is the place we feel welcomed, loved, and whole. It is the place we feel forgiven. But it's also the place where we're most honest and most vulnerable about ourselves.

The circumference is easier. This is a much showier and shallower life that receives tremendous praise and blame from others. We don't have to be honest about ourselves out here. We must be free to receive what the world brings. Our tendency is to live on the circumference, but this is a spiritual trap.

We are all circumference people. We substitute spiritual for superficial. We want quick and easy before we get challenging and thought-provoking.

And I think deep down you know what I am talking about when I say living a life on the circumference. It's the furthest point from the center while still being in the circle. It is calling yourself a Christian and changing nothing about your ordinary life.

But this can change if we learn to turn from the circumference and start moving toward our center. This turning is an inward journey to our soul or repentance where we feel more unified with God because low and behold that is where God resides, at the center.

But a word of caution: You don't choose your center. All you can do is repent – turn from your circumference and start heading towards the center. The Spirit of God will let you know when you have arrived. Your soul will know it, but it finally feels whole.



## Be The Centre

Words and Music by  
Michael Frye

**VERSE 1a**

♩ = 70      D      A7sus

1. Je - sus, be the cen - tre. Be my source, be my light,

**VERSE 2 & 3**

6      G/B      D      D

Je - sus.      2. Je - sus, be the cen - tre.  
3. Je - sus, be my vi - sion.

12      A7sus      G/B      D

Be my hope, be my song, Je - sus. Be the fi -  
Be my path, be my guide, Je - sus.

**CHORUS**

A7sus D A7sus D

re in my heart. Be the wind in these sails. Be the rea -

21 A7sus Bm7 A7sus G/B D

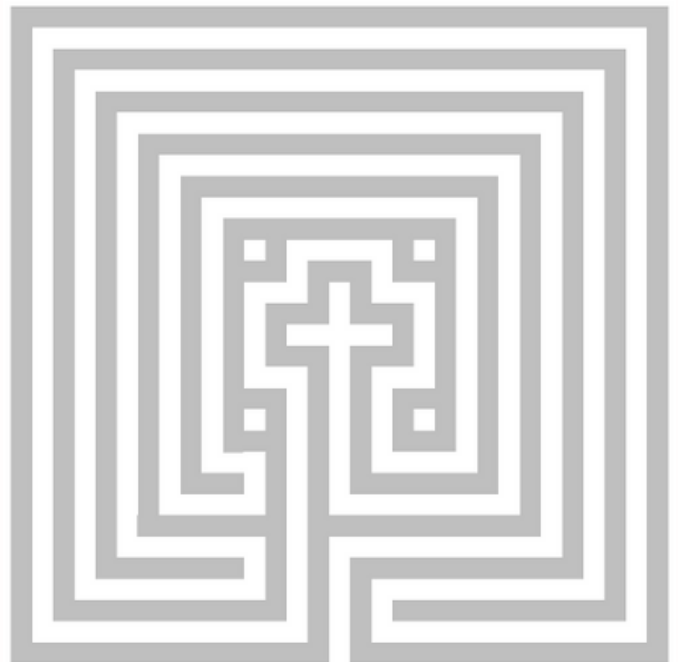
son that I live, Je - sus, Je - sus.

**DARKNESS CANNOT DRIVE OUT DARKNESS**

Chris Shelton

PICARDY  
 French carol

Dark-ness can - not drive out dark - ness,  
 on - ly light can clear the way.  
 Ha - tred can - not drive out ha - tred,  
 on - ly love keeps hate at bay.  
 On - ly good - ness breaks through e -  
 vil. Life a - lone drives death a - way.



Finger Labyrinth from  
 Hand Weaving Pattern  
 by Linda Smith Gurganus  
 Created on Microsoft Excel  
 31 x 31 Six-Circuit Cross Labyrinth  
 July 31, 2024

## My Soul Is at Rest

Ostinato Refrain



My soul is at rest in God a-lone, my sal-va-tion comes from God.




Text: Psalm 62; Taizé Community  
Tune: Jacques Berthier, 1923–1994  
© 1982, 1983, 1984, 1991, Les Presses de Taizé, GIA Publications, Inc., agent

## Rest In You

Words and Music by  
David Leonard, Leslie Jordan  
and Cara Fox

**CHORUS**

21 D C G C G D



Our hearts are rest-less un-til they find rest in You. Our hearts are rest-less un-til they find rest in You.

26 Em C G 2nd time to Coda ⊕ D




This is where my hope lies, this is where my soul sighs, and I will al-ways find my rest in You.

## Center

(based on the recording by Bethel Music, Abbie Gamboa)


Words and Music by  
Brian Johnson, Abbie Gamboa  
and Gabriel Gamboa

16 D2 F#m7 A E(4) D2 F#m7 A




You be the cen-ter of it all. My heart be-longs to You. My Sav-ior all in

20 E(4) C#m F#m7



all, You're the One I hold on to. For the beau-ty of Your Name, my soul will live to

23 D2 E(4)



say, "Je-sus, I love You."

## Inspiration

A theme of repentance, dust, confession, and forgiveness.

"Have mercy on me, O God, according to your steadfast love;  
according to your abundant mercy, blot out my transgressions.

Wash me thoroughly from my iniquity, and cleanse me from my sin." Psalm 51

### Create in Me a Clean Heart

(May be sung as a 2, 3, or 4-part canon. Optional accompaniment in *The Faith We Sing*, No. 2106.)

Words: Psalm 51:10-13  
Adapted by Dean McIntyre

Music: William Billings (1746-1800)  
Adapted by Dean McIntyre (ASCAP)

The musical score is written in treble clef with a key signature of one flat (Bb) and a 3/4 time signature. It consists of six staves of music. The lyrics are written below the notes. The score includes dynamic markings: *mp* (mezzo-piano) at the beginning, *mf* (mezzo-forte) in the fourth staff, and *dim.* (diminuendo) in the sixth staff. There are also performance directions for two different endings: '1.' and '2.'. The lyrics are: '1. Cre - ate in me a clean heart, O God. Re - new a right spir - it with - in me: And cast me not from your pres - ence, Lord, And take not your Ho - ly Spir - it from me. 2. Re - store the joy of your sal - va - tion to me, Up - hold me with your Spir - it free. And then I wi' teach trans - gres - sors your ways, And sin - ners shall be con - ver - ted to you.'

**DRIVE OUT THE DARKNESS**

Porter's Gate

**INTRO** *Piano one time through chorus chords*

**CHORUS** C Em F  
 Come, O Come Be our light  
 C/G G F G C  
 Drive out the darkness Come, Jesus, Come

**VERSE 1** C Em F Fm  
 Every year under the thorn Every wrong that we have known  
 C Em F Fm  
 Every valley will be raised Ancient ruins will be remains

**CHORUS** C Em F  
 Come, O Come Be our light  
 C/G G F G C  
 Drive out the darkness Come, Jesus, Come

**VERSE 2** C Em F Fm  
 Every weapon made for war Every gun and every sword  
 C Em F Fm  
 Will be melted in the flame To be used for gardening

**CHORUS** C Em F  
 Come, O Come Be our light  
 C/G G F G C  
 Drive out the darkness Come, Jesus, Come

**VERSE 3** C Em F Fm  
 In the emptiness of grief Through the night of suffering  
 C Em F Fm  
 In the loss and in the tears God of comfort, O be near...

**CHORUS 2** C Em F  
 Come, O Come Be our light  
 C/G G  
 Drive out the darkness  
 C Em F  
 Come, O Come Be our light  
 C/G G  
 Drive out the darkness

**ENDING** F C G  
 Come, and end all the violence  
 F C G  
 Come, do not be silent  
 F C G  
 Come, cling to your promise  
 F C G  
 Come, break all injustice  
 F G C (hold)  
 Come, Jesus, Come



HILDEGARD OF BINGEN

